



CAMBRIDGE HIGH SCHOOL ATHLETICS DAY 2026

Order of Events

<u>Time</u>	<u>Event</u>	<u>Grade</u>
8.50	Introduction/House Parade	All Grades
↓		
9.20		
TRACK		
9.20 – 9.50	100m Heats	Boys/Girls
9.50 – 10.10	Participation 100m	All Grades
FIELD/HOUSE EVENTS		
10.10 – 11.00	High Jump (2 mats)	Junior Boys/Junior Girls
	Long Jump (2 pits)	Intermediate Boys/Intermediate Girls
	House Events	Senior Boys/Senior Girls
TRACK		
11.00	200m TIMED FINALS	Boys / Girls
↓		All Grades
11.30		
FIELD/HOUSE EVENTS		
11.30 – 12.20	High Jump (2 mats)	Intermediate boys/Intermediate girls
	Long Jump (2 pits)	Senior girls/Senior boys
	House Events	Junior boys/Junior girls
TRACK		
12.20	100m FINALS	Boys / Girls
↓		All Grades
12.45		
12.45 – 1.00	Participation 400m (House event)	All Grades
FIELD/HOUSE EVENTS		
1.00 – 1.50	High Jump (2 mats)	Senior boys/Senior Girls
	Long Jump (2 pits)	Junior girls/Intermediate boys
	House Events	Intermediate boys/Intermediate girls
TRACK		
1.50	800m	Boys / Girls
↓		All Grades
2.15		
TRACK		
2.15	4 x 100m House Relays	Boys / Girls
↓		Year 9-13
2.45	Staff/Student Relay	All Grades
3.10 END OF DAY		